

Winter Programs



Jan. 1, 2016-Mar. 31, 2016

"Recreation is for everyone"

herapeutic Recreation













Program Registration:

- Information and registration:
- Bob Signor, (410) 396-1550 or robert.signor@baltimorecity.gov
- Program schedule is subject to changes, including the addition of new programs. For the most up to date schedule, please visit http://bcrp.baltimorecity.gov/Recreation/TherapeuticRecreation.aspx

Arts and Crafts

One-hour weekly art class. Come explore your creative side under the expert guidance of our art instructor! A different genre of arts and crafts will be explored each week.

Dates:

Mondays: Jan. 4 - Mar. 21 (no session Jan. 18 or Feb. 15)

Wednesdays: Jan. 6 - Mar. 23

Times:

#001: Monday: 10:00 am—11:00 am #002: Monday: 11:15 am—12:15 pm #003: Wednesday: 10:00 am—11:00 am #004: Wednesday: 11:15 am—12:15 pm <u>**Age:</u> Adults**</u>

Cost:

\$12 for once-a-week class

Location:

Farring Bay Brook Recreation Center

Bingo

Come test your luck at B-I-N-G-O and see how many prizes you can win! Beverages are included.



Dates:

#005: Friday, Jan. 15 #006: Friday, Feb. 19 #007: Friday, Mar. 18

Times:

10:00 am-12:00 pm

Age:

Adults

Cost:

\$2 per session

Location:

Farring Bay Brook Recreation Center

Canoeing (Introductory Course)

Learn the basic skills required for canoeing in the safe environment of the pool. This program will allow participants to learn the basics before going out on the open water. No experience required but you must not be afraid of the water. A separate wavier form is required for this program. Additional details will be provided.

Dates:

#008: Wednesday: Mar. 30

Times:

10:00 am - 12:00 pm

Age: Adults <u>Cost:</u> Free

Location:

Cherry Hill Aquatics Center

Dance Movement

One-hour weekly dance movement class. Come join the fun and get in shape by dancing the time away!

Dates:

Mondays: Jan. 4 - Mar. 21 (no session Jan. 18 or Feb. 15)

Wednesdays: Jan. 6 - Mar. 23

Times:

#009: Monday: 10:00 am-11:00 am #010: Monday: 11:15 am—12:15 pm #011: Wednesday: 10:00 am-11:00 am #012: Wednesday: 11:15 am—12:15 pm

Age: Adults

Cost:

\$12 for once-a-week class

Location:

Farring Bay Brook Recreation

Center



Duckpin Bowling



Two-hour duckpin bowling session that includes shoe rental, a slice of pizza or a hot dog, and a 12 oz. fountain drink.

Date:

#013: Friday, Jan. 29 #014: Friday, Feb. 26

Times:

11:00 am - 1:00 pm

Adults

Cost:

\$8 per person

Location:

Glen Burnie Bowl

Friday Social Club

A fun-filled morning of dancing, board games, card games, pool, ping pong, and socializing. Beverages are included. Come hang out with your old pals and make new friends.

Dates:

#015: Friday, Jan. 22 #016: Friday, Feb. 5 #017: Friday, Mar. 4

Times:

10:00 am - 12:00 pm

Adults

\$1 per session

Location:

Farring Bay Brook Recreation Center

TR Disco

Come socialize and dance the day away at a themed dance party! Lunch (pizza) and beverages are included.

Dates:

#018: Friday, Jan. 8: Winter Ball #019: Friday, Feb. 12: Valentine's #020: Friday, Mar. 11: St. Patrick's

Times:

10:30 am-1:30 pm

Age:

Adults

Cost:

\$8 per session

Location:

Farring Bay Brook Recreation Center





Therapeutic Recreation WINTER 2016

Variety Children's Theatre, Dance, and Chorus Project

Under the supervision of adult coaches, children act, sing, and dance, culminating in a final production performed for the community each session.

Dates:

#021 Saturdays, Jan. 9 - May 14

<u>Cost:</u> Free

Times:

9:00 am-12:00 pm

Location:

Farring Bay Brook Recreation Center

Age:

Children ages 5-18, with and without disabilities

Water Fitness

This weekly water fitness session administered by certified aquatics instructors. The fitness session will be followed by a free swim period.

Dates:

#022: Wednesdays, Jan. 6 - Mar. 23

Cost:

\$16 for once-a-week class

Times:

11:00 am-12:00 pm

Location:

Cherry Hill Aquatics Center

Age:

Adults

Wheelchair Basketball Open Gym

Come try your hand at wheelchair basketball. No experience necessary! Sport wheelchairs are available for use.

Dates:

#023: Tuesdays, Jan. 5 - Mar. 22

Cost: Free

Times:

6:00 pm-8:00 pm

Location:

Farring Bay Brook Recreation Center

Age:

Adults with and without disabilities

SPECIAL OLYMPICS

OF MARYLAND PROGRAMS

Special Olympics Basketball

Partnership program with Special Olympics Maryland in which athletes learn basketball skills, culminating in a championship on the last day.

Dates:

#024: Tuesdays, Jan. 5 - Feb. 9 #025: Tuesdays, Feb. 16 - Mar. 22

#026: Thursdays, Jan. 7 - Feb. 11 #027: Thursdays, Feb. 18 - Mar. 24

Times:

10:30 am-12:00 pm

Age:

Adults

Cost:

Free

Location:

Farring Bay Brook Recreation Center



Special Olympics Unified Basketball

Partnership program with Special Olympics Maryland in which athletes compete with partner athletes in a competitive basketball league.



Dates:

#028: Wednesdays, Jan. 27 - Mar. 9 (make-up date Mar. 16)

Times:

6:00 pm - 8:30 pm

Age:

Adults with and without disabilities

<u>Cost:</u> Free

Location:

Farring Bay Brook Recreation Center

Special Olympics Unified/Traditional Basketball

(Community Based: State Games Track)

Partnership program with Special Olympics Maryland in which athletes learn basketball skills & compete as a team to gain eligibility for multi-county competitions and state games. Registration will determine whether program is Unified or Traditional, as well as the number of teams.

Dates:

#029: Saturdays, Jan. 9 - Mar. 21/22 (Competition Schedule TBD)

Times:

10:00 am-12:00 pm

Age:

Adults with and without disabilities

Cost:

Free

Location:

Farring Bay Brook Recreation Center





Baltimore City Recreation and Parks'



Mission Statement

"To improve the health and wellness of Baltimore through quality recreational programs, preserving our parks and natural resources, and promoting fun, active lifestyles for all ages."